

SABBATH SCHOOL

Preteen Sabbath Instruction Program — Teacher's Outline

Level K • Unit 5 • Week 1

JESUS CHRIST—A SPECIAL BIRTH

OBJECTIVE:

To learn about a very special birth—the birth of Jesus, God's son.

ATTENTION GETTER:

Say: Let's pretend we are newborn babies. Lay down on the floor. You look around. You smile when people look at you. Your arms and legs can move in the air. Your fingers open and close.

Say: This is what life was like for Jesus as a newborn baby. Sit up. Let's hear the story of Jesus' birth.

BIBLE LESSON:

Say: Today we are going to talk about Jesus' birth. Jesus was God's Son here on earth. He came so that God could start a family. Jesus came to show us how to relate and be friends. He also showed us how to live as God wants us to live. For Jesus to be able to do this, God had to send Him from heaven to earth.

Read: Luke 1:26-33, 35 in NKJV.

Ask: Who appeared to Mary?

Response: An angel.

Ask: How did Mary feel?

Response: Afraid.

Ask: Why was Mary afraid?

Response: She was seeing an angel.

Ask: What did the angel tell her?
Response: She would have a son named Jesus.

Ask: Who is Jesus' father?
Response: God.

Say: Now Mary was supposed to get married to a very nice man named Joseph. When Joseph found out that Mary was expecting a baby, Joseph wasn't sure they should get married. But an angel came to Joseph in a dream and told him that that the baby was special. Mary was to have God's son, and they should name Him Jesus. So Joseph and Mary got married.

Say: Now Joseph had to go on a trip to Bethlehem, and he took Mary with him.

Read: Luke 2:6-17.

Ask: What could Jesus do as a baby?
Response: Lay down, smile, cry and coo.

Ask: What did Joseph and Mary have to do for baby Jesus?
Response: Feed Him. Talk to Him. Change His clothes. Cuddle and play with Jesus.

Say: Jesus as a boy learned and obeyed Joseph and Mary.

Ask: Do you think Jesus threw toys and stomped His feet and hit others?
Response: No.

Ask: Why not?
Response: Jesus never sinned. We should try not to sin.

Ask: How did Jesus act?
Response: Jesus was kind and talked politely. Jesus helped others by picking up his toys. Jesus said polite words of please, thank you and you're welcome.

Say: Jesus prayed and studied the Bible. We know He must have because Jesus taught leaders in the temple. In order to teach these men who knew a lot, Jesus had to know the Bible.

LESSON APPLICATION:

Supplies: Dolls and blankets (one per student)
If necessary, ask parents of students to bring dolls.

Do: As students hold dolls, talk about how we treat babies.

Say: What do babies do?

Response: Lay down, roll over, sit up and smile.

Ask: What do we need to do to take care of babies?

Say: Mary and Joseph had to take care of Jesus. Even though He was God's son, He started out as a baby, just like you and me.

Do: Have each student wrap the baby doll in a blanket, and then rock the baby as they sing the following song.

Music:

Sing the following to the tune of B-I-N-G-O. Sing two or three times.

There was a man who was God's Son
And Jesus was His name-o.
J-E-S-U-S, J-E-S-U-S, J-E-S-U-S
And Jesus was His name-o.

MEMORY VERSE:

Luke 2:11 "For there is born to you this day in the city of David a Savior, who is Christ the Lord."

family activity

THE POINT:

To learn about a very special birth—the birth of Jesus, God’s son.

ASK ME...

What did the angel tell Mary?

What was to be the name of God’s Son?

How did shepherds know about the birth of Jesus?

FAMILY TOGETHER TIME:

Talk about how Mary and Joseph cared for Jesus as a baby. Talk about the day of each child’s birth and about how your family cared for each child as a baby.

Also talk about our opportunity to be as loving and caring as God. What can each family member do to be caring? What can each family member do to show love? Have each family member describe being loving and caring.

Have each family member say what they think God is like and why we should want to be like God. Also have a discussion of how Jesus being a man helps us to understand what God is like.

MEMORY VERSE:

Luke 2:11 “For there is born to you this day in the city of David a Savior, who is Christ the Lord.”