

UCG – WFW 2018 Coed Volleyball Guidelines/Rules

1. All matches will be played according to 2018-2019 NFHS Volleyball Rules, unless noted otherwise.
2. It is the responsibility of the team captain to oversee these guidelines/rules for their team. Team captains should oversee the conduct of their team's players during the match to minimize any issues.
3. Teams will wear appropriate and modest outfits. (What not to wear: excessively tight or revealing clothing, compression tights/shorts/leggings-yoga pants without shorts over top, short shorts, clothing that shows underwear, no bare mid-ribs, halter-tops.) All players must have on proper footwear. Jewelry or rings should not be worn for safety purposes. Uniforms or team shirts are not required.
4. Match shall consist of the best two-out of three sets. The first and second sets will be played to 25; the third set will be played to 15, with having a 2-point advantage, unless noted otherwise.
 - a. Two time-outs will be allowed during the first and second sets. One time-out will be allowed during the third set.
 - b. Each match will be 50 minutes in length starting on the hour. Matches will be stopped regardless of score at the end of 50 minutes unless the score is tied, at which point, the next team to score will be considered the winner of that set. Within the third set, the clock will stop for a team time-out.
 - c. If each team has won one set, but time expired (either during or after the second set) before a third set could be started, a third set will be played with the winner being the first team to 5 points. If time expires during the third set, the third set will be played to a minimum of 5 points regardless of time.
 - d. Only exception to time limit will be the Adult A Championship Game or by approval of the volleyball coordinator.
5. Teams must provide at least six players to begin the match. All teams must have a minimum of two females on the court at all time, unless noted otherwise. Only two men players will be allowed as front-row players at any time.
 - a. Once a set has started, additional players that are not present at the start of the set are permitted to play if utilizing a rotation as defined in Item 8a. Additional players not present at the start of the set are not permitted to play if utilizing a continuous rotation as defined in Item 8b.
 - b. Teams may play with 5 players or less (if no substitutions are available) if needed due to injury, illness or disqualification, but rotation position must be kept. If due to injury, illness or disqualification, teams may play with one female utilizing 5 players. If a team plays with 5 players or less, the team must play with those same players for the remainder of the set.
 - c. If a team is playing with 5 players or less due to injury, illness or disqualification, a loss of rally shall be awarded to the opponent each time the vacant position is the right back position per NFHS Volleyball Rules. The loss of rally includes an award of point. All positions regarding back row and front row players must be maintained. No moving of positions is allowed.
 - d. Once the lead official is ready to start the first set of the match and at least one team (first team) is ready to play with six eligible players, the first set will be considered to have begun. If the second team does not have six eligible players, the second team may utilize 60 second time-outs up to a maximum 5 time-outs (2 time-outs for the first set, 2 time-outs for the second set, and 1 time-out for the third set). Time-outs will be applied in order of the sets. Upon 5 times-outs being utilized, the second team will then be penalized 2 points for each minute after that. (At 45 minutes remaining, first team will be awarded 2 points, at 44 minutes remaining 2 additional points, etc., until second team is ready to play at which point, the first team will be awarded the ball for service.)
6. A Libero will not be allowed.
7. If a player gets injured/ill during a set, the following guidelines will apply
 - a. If the team is utilizing substitutions as outlined in Item 8a, the substitution requirements as outlined in the NFHS Volleyball Rules book shall apply.
 - b. If a team is utilizing a continuous rotation as outlined in Item 8b, the injured player will leave their spot in the rotation and cannot re-enter until the next set. The remaining players will rotate into the vacant spot by moving forward in the rotation.

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8. Substitutions/Rotation may be made utilizing one of two options and must be maintained during the set:
 - a. A team may substitute a player with another player and the players may only play in one spot in the rotation. The substitution requirements shall follow the format as outlined in the NFHS Volleyball Rules book.
 - b. A team may utilize a continuous rotation where as the whole team rotates equally. Players must maintain their position in the serving order and can enter either into the front or back row, or both.
 - If a team only has two females and more than 4 males, the team may utilize a continuous rotation rotating the males while maintaining two females on the court at all times. In this situation, the males will lose one or more spots in the rotation during each full rotation depending on the number of males on the team.
9. Adult and teen players can only play on one team, except as noted below.
 - a. If a team needs additional players due to injury or due to someone leaving to return home, a player may be utilized from another team under the following guidelines.
 - Adult A Teams can utilize players from an Adult B Team or Teen Team.
 - Adult B Teams can utilize players from a Teen Team.
 - b. Once a player makes a switch to a new team, they will be required to play for the new team for the remainder of WFW with no more switching teams.
 - c. Non-registered player (player not on a team) can join a team at any time on Sunday or Monday if present at start of set and then may only play on that team for the remainder of WFW. A non-registered player can only join a team on Tuesday if the team has 5 players or less. Please notify Duane Phelps if any non-registered players or players from another team join any teams.
10. Team captains will be responsible for notifying their team members concerning cancellations, changes to the schedule, and other announcements. Team captains are to notify Duane Phelps if your team will not be playing a scheduled match at least two hours prior to start of game.
11. Teams should provide one line judge for each match.
12. Volleyballs used in match play will be supplied by WFW (Navy/Gold/White balls). No outside balls are to be used for match play but can be used for warm-up. Place balls on referee stands when not being used.
13. Teams will line up on the back line of the court before the first set of the match and come to the net to shake hands with their opponent when prompted to do so by the referee. Teams may take positions immediately for the start of remaining sets. Teams are expected to congratulate their opponents down the net after the final “official” set of the match. Additional sets with the same opponents may be played after the end of the match if time permits (additional sets must end 10 minutes prior to start of next match). Referees are not required to officiate sets played after the final “official” set has concluded.
14. Referees have been scheduled for each match. The calls and judgments of the referees are to be accepted and respected. All questions to the referee are to be made by the team captain and should be done in a positive and respectable manner.
15. Good sportsmanship is expected of each player. Poor sportsmanship includes but is not limited to: excessive force, using inappropriate language, and showing disrespect to other players or officials.
16. Poor sportsmanship will lead to a warning/notice by the match’s Referees, Volleyball Coordinator, or Assistant Volleyball Coordinator. After the first warning/notice, penalties as outlined in the NFHS Volleyball Rules book will be utilized. A second notice within a match will be call for disqualification/expulsion for the remainder of the match. More than two disqualification/expulsion by a player during WFW will result in removal from the remaining matches. Any team having more than three warnings during a match will automatically lose the match and be subject to other actions.

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